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May you be blessed on your homeschooling journey. Happy learning!



Taste Table Mat

This Taste Table Mat is a fun way to talk about how foods taste different. Some foods are sweet, tart, sour, salty, and even bitter. I print this mat out and laminate it. I use it during snack time throughout the week or just for a snack taste test. During our snack taste test, I give the kids an assortment of foods for us to taste test. I will give my children everything from a lemon, apple, pretzels, chips, etc. We talk about what it tastes like. We decide together where it should go on the mat. We physically put a piece of the snack on the mat where it belongs: sweet, bitter, sour, or salty. Happy learning!

sweet bitter Salty Sour