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♥ Marie



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Why Do Americans Celebrate New Year's Eve and New Year's Day?

Every year on December 31 and January 1, people across the United States celebrate New Year's Eve and New Year's Day. These holidays mark the end of one year and the beginning of a new one. But why do Americans celebrate them, and how did these traditions begin?

What Is New Year's Eve?

New Year's Eve is celebrated on December 31, the last day of the year. It is a time when people say goodbye to the old year.

Many Americans celebrate by:

- Staying up late
- Watching the clock count down to midnight
- Attending parties or family gatherings
- Watching the ball drop in Times Square in New York City

When the clock strikes midnight, people cheer, hug, and say, "Happy New Year!" Some people may even kiss!



What Is New Year's Day?

New Year's Day is celebrated on January 1, the first day of the new year. It is a time to start fresh.

On New Year's Day, many people:

- Rest after staying up late
- Spend time with family
- Watch parades or sports
- Make plans and goals for the year ahead



New Year's Day is also a national holiday in the United States, which means many schools and businesses are closed.

Why Does the New Year Start on January 1?

The new year starts on January 1 because the United States follows the Gregorian calendar, which is used by many countries around the world. This calendar was created long ago and was based on the movement of the Earth around the Sun. Over time, January 1 became the official start of the year.

What Are New Year's Resolutions?

A New Year's resolution is a goal someone sets for the new year.

Examples include:

- Reading more books
- Being kinder to others
- Learning a new skill
- Exercising more



Americans often make resolutions because the new year feels like a fresh start and a chance to improve.

Why Is the New Year Important?

Americans celebrate New Year's Eve and Day because:

- It marks time passing
- It gives people a chance to reflect on the past
- It encourages hope and new beginnings
- It is a time to celebrate with others

The New Year reminds people that even though time moves on, we always have the chance to begin again. Americans celebrate New Year's Eve and New Year's Day to say goodbye to the old year and welcome a new one with hope, celebration, and fresh goals.



Comprehension Questions

- 1) What day is New Year's Eve? _____
- 2) What day is New Year's Day? _____
- 3) How do people celebrate New Year's Eve? _____

- 4) How do people celebrate New Year's Day? _____

- 5) Why do people celebrate New Year's Eve and New Year's Day? _____
